



**MALLA REDDY ENGINEERING COLLEGE (AUTONOMOUS)**  
(An UGC Autonomous Institution, Affiliated to JNTUH, Hyderabad Accredited 2<sup>nd</sup> time by NAAC  
with 'A' Grade & NBA and Recipient of World Bank Assistance under TEQIP-II S.C. 1.1)  
Maisammaguda (H), Medchal-Malkajgiri District, Secunderabad,  
Telangana State – 500100  
www.mrec.ac.in

## Department of Mechanical Engineering

### CIRCULAR

Date: 08/08/2016

All the students are hereby informed that Value Added Course on “**Personality Development**” on date **16<sup>th</sup> August to 26<sup>th</sup> September**, is being organized by the mechanical engineering department. The resource person for the course is “**Dr.M.Srinivas Kumar**”

Students are advised to register their names to the programme coordinator “**Mrs. P. Santhi Priya**”, on or before 12/08/2016 and utilize this opportunity to enhance their skills by attending the programme.

The detailed schedule of the programme will be displayed in the notice board.

  
**Head of the Department**

Copy to:

- 1) Circulation in Students classroom
- 2) All HOD's
- 3) Notice Boards
- 4) PA to principal for filing.



  
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(Post Via Kompally), Sec'bad-500 100



**VALUE ADDED COURSE**

*On*

**"PERSONALITY DEVELOPMENT"**

16<sup>th</sup> AUG to 26<sup>th</sup> SEP 2016



*Organized by*

**Department of**

**Mechanical Engineering**

**MALLA REDDY ENGINEERING COLLEGE**

(AUTONOMOUS) MAIN CAMPUS

An UGC Autonomous Institution, Approved by  
AICTE & Affiliated to JNTUH-Hyderabad  
Reaccredited by NAAC with 'A' Grade (II Cycle)  
Maisammaguda(H), Gundlapochampally (V)  
Medchal (M), Medchal - Malkajgiri District  
Telangana - 500100, India.



**About the Institution**

Malla Reddy Engineering College (Autonomous) is one of the reputed engineering colleges in Hyderabad, Telangana. MREC (A) is part of Malla Reddy Group of Institutions (MRGI), founded by Sri. Ch. Malla Reddy. The college is situated in a serene, lush green environment in Maisammaguda ,Gundlapochampally, Medchal, Malkajgri District Telangana – 500100.

The college was established in 2002 and is an autonomous institution approved by UGC and affiliated to JNTUH. The college is re-accredited by NAAC with 'A' Grade (II Cycle) and was conferred autonomous status by JNTUH in 2011 and by UGC in 2014 for a period of 6 years. Our eligible UG and PG programs received NBA accreditation and some of them received reaccreditation too. The college caters to wide ranging aspirations and goals of student communities It boasts of world-class infrastructure and well-equipped laboratories all departments and is skillfully and smartly guided by Dr.S.Sudhakar Reddy, Principal MREC (A) who have a rich teaching and industrial experience.

*Ravi*  
**PRINCIPAL**  
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(Autonomous)  
Maisammaguda, Dhulapally,  
Dist Via Kompally, Sec'bad-500 100

**Advisory Committee:**

- Chief Patrons:** Sri. Ch. Malla Reddy,  
Founder Chairman  
Malla Reddy Group of Institutions
- Patrons:** Sri.Ch. Mahender Reddy  
Secretary, MRGI  
Dr.Ch.Bhadra Reddy  
President, MRGI
- Co-Patrons:** Dr. S.Sudhaka Reddy  
Principal, MREC (A)
- Convener:** Dr. S. Surendranath  
Professor, ME
- Coordinator:** Mrs. P. Santhi Priya  
Asst.Prof.,ME

**Organizing Committee:**

- Dr.Paul Pandian, Professor, ME.  
Dr. Jayaprakash, Professor, ME.  
Dr. Yogesh Madaria,Assoc.Prof.,ME.  
Mr. Bharadwaja K Asst . Prof., ME  
Mr. Vasili.Srinivas,Assoc. Prof., ME  
Mr.K.Lakshman Reddy Assoc. Prof., ME.  
Mr.A.Sharath Kumar,Asst.Prof.,ME.  
Mr.Mulabagal Sandeep, Asst.Prof.,ME  
Mrs. A.Aruna Jyothi, Asst.Prof.,ME  
Mrs.K.Vijaya Siva Sruthi,Asst.Prof.,ME  
Mr.Upputuri Anil Kumar, Asst.Prof.,ME

**Registration Form:**

Name of the Participant :-----  
-----

Branch & Year :-----

Name of Institution:-----  
-----

Address for Communication:-----  
-----  
-----

Mobile Number:-----

E-Mail ID:-----

**DECLARATION:**

The information furnished above is true to the best of my Knowledge.

Place:

Date:

Signature of Applicant

**About the Department**

The Department of Mechanical Engineering has been established since the inception of the institution in the year 2002. The Department has good infrastructure facilities and is equipped with full-fledged laboratories to fulfil the curriculum needs. The Department has well experienced faculty. Around one-third of the faculty members in the department are Doctorate. The department has good number of sanctioned projects, funded by different agencies/industries. The Department is intended to be allotted a Research Centre by JNTU Hyderabad.

**Overview of the Programme:**

The primary responsibility of faculty is not only to inspire students towards a higher vision but also create a strong sense of bonding between the institution and the students to nurture a stress-free holistic environment. To enhance the quality of life for the student members enabling them to introspect and learn techniques that imbibe ethics & morals and help prepare students for active and successful participation in a modern society, producing individuals of high character, probity and honor.

This course covers various dimensions and importance of effective personality. It helps understand personality traits and formation and vital contribution in the world of business. Also the course makes the students aware about the various dynamics of personality development.

**Objectives of the Programme:**

- to build self-confidence, enhance self-esteem and improve overall personality of the participants
- The programme aims at grooming the participants through sensitizing them about proper behavior, socially and professionally, in formal and informal circumstances..
- Improves communication and leadership skills of the students..

**Topics to be covered:**

- What is Personality development?
- Why personality development is important.
- Ways of developing our personality.
- How one can create style of their own.
- How personality development helps in reducing stress and conflicts.
- How personality development helps one develop a positive attitude in life.

**Certificate:**

After successful completion of the course the certificates shall be issued to the participants.

**Outcome of the Program:**

After completing Personality Development will help the students to improve various skills like time management, cognitive and moral development, self-confidence, assertive skills, social etiquette and so on required for a successful career. It will also enable them to harness their strengths and work on their weaknesses



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## DEPARTMENT OF MECHANICAL ENGINEERING

ACADEMIC YEAR: 2016-17

### SYLLABUS

Value added course name: “Personality Development”

Value added course Instructor: **Dr.M.Srinivas Kumar**

1. Define Personality, Determinants of Personality Development, Perception – Definition, Perceptual Process.
2. Factors of Association – Relationship, Personality Traits, Developing Effective Habits, Emotional Intelligence
3. Motivation, Introspection, Self-Assessment, Self-Appraisal & Self-development, Sigmund Freud Id, Ego & SuperEgo
4. Assertiveness, Decision making skills, Conflict: Process & Resolution, Leadership & Qualities of Successful Leader
5. Effective Speech, Understanding Body language, projective positive body language
6. Stress Management: Introduction, Causes, stress management techniques,
7. Time management: Importance of time management, Techniques of time management, Time management styles.
8. Attitude - Concept -Significance -Factors affecting attitudes – Positive attitude– Advantages –Negative attitude.



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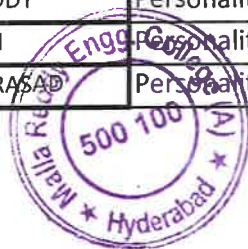
*Ravi*  
HOD-ME



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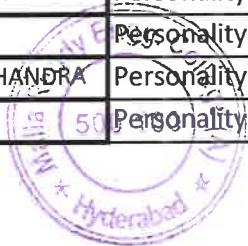
**DEPARTMENT OF MECHANICAL ENGINEERING**

S.NO	Roll No	Name of the students	Details of value added courses	Duration
1	16J41A0301	A. RAGHUNTH REDDY	Personality Development	16/8/16 to 26/9/16
2	16J41A0302	AKULA SAI KIRAN	Personality Development	16/8/16 to 26/9/16
3	16J41A0303	B ANANTH KUMAR	Personality Development	16/8/16 to 26/9/16
4	16J41A0304	BANOTH ANIL	Personality Development	16/8/16 to 26/9/16
5	16J41A0305	BILLURI HARSHA VARDHAN REDDY	Personality Development	16/8/16 to 26/9/16
6	16J41A0306	BOKKA VARSHA	Personality Development	16/8/16 to 26/9/16
7	16J41A0307	BOLLAMPALLY SAI GOUD	Personality Development	16/8/16 to 26/9/16
8	16J41A0308	BOLLAREDDY SAIDILEEP	Personality Development	16/8/16 to 26/9/16
9	16J41A0309	CHANDA VIJAY RAMA RAO	Personality Development	16/8/16 to 26/9/16
10	16J41A0311	CHETLAPPELLY HARINI	Personality Development	16/8/16 to 26/9/16
11	16J41A0312	CHIDRE RAJKUMAR	Personality Development	16/8/16 to 26/9/16
12	16J41A0314	ERRALA SRINIVAS	Personality Development	16/8/16 to 26/9/16
13	16J41A0315	GONDA NANDISHWER	Personality Development	16/8/16 to 26/9/16
14	16J41A0317	JADHAV YOGESHWAR	Personality Development	16/8/16 to 26/9/16
15	16J41A0319	K. SUJITH REDDY	Personality Development	16/8/16 to 26/9/16
16	16J41A0320	K. RAGHAVENDRA	Personality Development	16/8/16 to 26/9/16
17	16J41A0321	KAMATHGI PRAVEEN KUMAR REDDY	Personality Development	16/8/16 to 26/9/16
18	16J41A0322	KARRI LALIT KUMAR	Personality Development	16/8/16 to 26/9/16
19	16J41A0323	KOMPELLY VIVEK REDDY	Personality Development	16/8/16 to 26/9/16
20	16J41A0326	MALIPEDDI AKHILESH	Personality Development	16/8/16 to 26/9/16
21	16J41A0327	MANCHARLA HARI PRASAD	Personality Development	16/8/16 to 26/9/16



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22	16J41A0328	MANDADI BHAVANA	Personality Development	16/8/16 to 26/9/16
23	16J41A0329	MANDE SAI LAXMAN	Personality Development	16/8/16 to 26/9/16
24	16J41A0330	MANJEET KUMAR JHA	Personality Development	16/8/16 to 26/9/16
25	16J41A0331	MOHD AZHAR	Personality Development	16/8/16 to 26/9/16
26	16J41A0332	MOHD IMRAN	Personality Development	16/8/16 to 26/9/16
27	16J41A0333	MUDAPALLY NAVEEN	Personality Development	16/8/16 to 26/9/16
28	16J41A0334	NANDI REDDY NITESH KUMAR	Personality Development	16/8/16 to 26/9/16
29	16J41A0335	NIKHIL KUMMARI	Personality Development	16/8/16 to 26/9/16
30	16J41A0336	PARCHA RISHI KASYAP	Personality Development	16/8/16 to 26/9/16
31	16J41A0337	PEMBARLA PRUTHVI RAJ	Personality Development	16/8/16 to 26/9/16
32	16J41A0338	POLUDASARI NAVEEN KUMAR	Personality Development	16/8/16 to 26/9/16
33	16J41A0339	POODARI J VIJAY AMRUTHA RAO	Personality Development	16/8/16 to 26/9/16
34	16J41A0340	PUNURU VINAY KUMAR REDDY	Personality Development	16/8/16 to 26/9/16
35	16J41A0341	RAMAVATH SUDHAKAR	Personality Development	16/8/16 to 26/9/16
36	16J41A0342	ROUTHU VIKAS	Personality Development	16/8/16 to 26/9/16
37	16J41A0343	RUDRAVENI RAJKUMAR	Personality Development	16/8/16 to 26/9/16
38	16J41A0344	S MANIDEEP	Personality Development	16/8/16 to 26/9/16
39	16J41A0345	SATHYAVARDHAN ROKKALA	Personality Development	16/8/16 to 26/9/16
40	16J41A0346	SHAIK HEENA FIRDOUSE	Personality Development	16/8/16 to 26/9/16
41	16J41A0347	SHAIK RAUNAQ FARDEEN	Personality Development	16/8/16 to 26/9/16
42	16J41A0348	SIDDAM SRIMUKHI	Personality Development	16/8/16 to 26/9/16
43	16J41A0349	SIRICILLA RAHUL	Personality Development	16/8/16 to 26/9/16
44	16J41A0350	SUSHANTH KUMAR SETHI	Personality Development	16/8/16 to 26/9/16
45	16J41A0351	T.ANJANEYULU	Personality Development	16/8/16 to 26/9/16
46	16J41A0352	TANELANKA RAVIVARMA	Personality Development	16/8/16 to 26/9/16
47	16J41A0353	THADOORI SAIPRASAD	Personality Development	16/8/16 to 26/9/16
48	16J41A0354	THEEGALA SHARATH CHANDRA	Personality Development	16/8/16 to 26/9/16
49	16J41A0356	V KIREETI	Personality Development	16/8/16 to 26/9/16

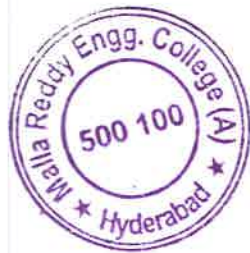


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50	16J41A0357	VAALICHARLA HARISH BABU	Personality Development	16/8/16 to 26/9/16
51	16J41A0358	VADAPALLI MAHENDRA KUMAR	Personality Development	16/8/16 to 26/9/16
52	16J41A0360	Y MANOHAR REDDY	Personality Development	16/8/16 to 26/9/16
53	16J41A0361	AITHA REVANTH	Personality Development	16/8/16 to 26/9/16
54	16J41A0362	AJMEERA SANDEEP	Personality Development	16/8/16 to 26/9/16
55	16J41A0363	KATHULA SAI NIHAR	Personality Development	16/8/16 to 26/9/16
56	16J41A0364	B.BHARATH KUMAR	Personality Development	16/8/16 to 26/9/16
57	16J41A0365	BADIYA VIKAS	Personality Development	16/8/16 to 26/9/16
58	16J41A0366	BANDANAKANTI SAI PREETHAM	Personality Development	16/8/16 to 26/9/16
59	16J41A0367	BANDARI MADHU	Personality Development	16/8/16 to 26/9/16
60	16J41A0368	BANNE JAGADISH	Personality Development	16/8/16 to 26/9/16

*Harish*  
Coordinator

*Ravi*  
HOD



*Ravi*  
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### DEPARTMENT OF MECHANICAL ENGINEERING

ACADEMIC YEAR: 2016-17

### SUMMARY REPORT

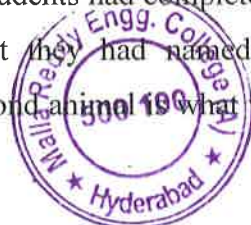
Value added course name: “Personality Development”

Value added course Instructor: **Dr.M.Srinivas Kumar**

This was followed by a discussion on The Self, one’s desires, dreams, passions and motivations. Students were told how important their dreams and desires are for developing the personality. It was stressed that they need to have a passion in life. Students were also given tips on how to increase their self-esteem. They were also encouraged to be optimistic and to have a positive approach about everything in life. Most importantly, it was emphasised that they should love themselves and never lose confidence.

Next students were shown clips from the Will Smith movie – Pursuit of Happiness. In the clip, Will Smith tells his child, “Don’t ever let someone tell you that you can’t do something. Not even me. You got a dream, you gotta protect it. When people can’t do something themselves, they’re gonna tell you that you can’t do it. You want something go get it. Period.” The clip carried the message that we should never give up and should always have a strong will. We must persist to pursue dreams regardless of what may happen and not succumb to the negativity around us. The students were shown other motivational clips as well.

The next activity was an interesting game called ‘ the animal game’. In this, the students were asked to write down the names of their three favourite animals in order of their preference. They were also supposed to write the reasons why those particular animals were dear to them. After the students had completed the task, they were told that the characteristics of the third animal that they had named describes the reality of what they are! The characteristics of the second animal what we try to present and the traits of the first animal



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is what we idolise and pine to become. Most of the students were able to identify themselves with the activity.

In the next activity, the students were divided into 4 groups and each group was allotted a topic for role play. Each group had to conceive an appropriate skit representing their topic. All the members of the group had to participate in the role play and in the end one member from each group had to speak about the life skills portrayed in the play. It was indeed fun for all the students as they got an opportunity to display their acting prowess!

In the end, students were shown a movie clip from the Aamir Khan movie – Lagaan. It depicted how under the British rule, Indians managed to escape the oppressive tax demanded of them by winning a cricket match. It set an example for the students to always be hopeful of good things happening in the future and to achieve the goal by taking on head-on, all the obstacles in the way.

To sum up, it was a well thought-out workshop of motivating the students to discover themselves.



Talk Delivered by Dr.M.Srinivas Kumar

*Srinivas*  
Coordinator

*Ravi*  
HOD-ME



*Ravi*  
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## Certificate of Completion

This is to certify that Mr./Ms. A. RAGHUNTH REDDY bearing Roll  
No. 16J41A0301 has successfully completed Value Added Course in  
Personality Development conducted by the Department  
of Mechanical Engineering from 16-08-2016 to 26-09-2016

*Raneedu*  
COORDINATOR

*Neeruddy*  
HOD



*Raneedu*  
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## Certificate of Completion

This is to certify that Mr./Ms. AKULA SAI KIRAN bearing Roll  
No. 16J41A0302 has successfully completed Value Added Course in  
Personality Development conducted by the Department  
of Mechanical Engineering from 16-08-2016 to 26-09-2016

*Raneedu*  
COORDINATOR

*Nareddy*  
HOD



*Raneedu*  
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## Certificate of Completion

This is to certify that Mr./Ms. B ANANTH KUMAR bearing Roll  
No. 16J41A0303 has successfully completed Value Added Course in  
Personality Development conducted by the Department  
of Mechanical Engineering from 16-08-2016 to 26-09-2016

*Raneedu*  
COORDINATOR

*Alunreddy*  
HOD



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## Certificate of Completion

This is to certify that Mr./Ms. BANOTH ANIL bearing Roll No. 16J41A0304 has successfully completed Value Added Course in Personality Development conducted by the Department of Mechanical Engineering from 16-08-2016 to 26-09-2016

*Raneedu*  
COORDINATOR

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HOD



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## Certificate of Completion

This is to certify that Mr./Ms. BILLURI HARSHA VARDHAN REDDY bearing Roll  
No. 16J41A0305 has successfully completed Value Added Course in  
Personality Development conducted by the Department  
of Mechanical Engineering from 16-08-2016 to 26-09-2016

*Raneedu*  
COORDINATOR

*Alneedy*  
HOD



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